



SHIPLEY LOCK LOOP WALK

Join the Monday Strollers for a walk in the Cotmanhay area, along the beautiful Erewash Canal. Meet new friends, enjoy the fresh air & wildlife and make the most of the summer.

WHEN:	Monday 25th August - meet at 10:45am
STARTING AT:	Meet at The POD (address below)
DISTANCE:	5.25 Miles
DIFFICULTY:	Includes 1 gate, 1 stile & 1 bridge over the railway

No need to book, just arrive on the day with suitable footwear and clothing for the weather. Children must be accompanied.



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