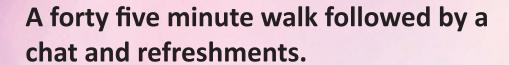


A mental health peer support group giving you the chance to use photography whilst exploring the local area.



11 and 25 January 2025 8 and 22 February 2025 8 and 22 March 2025 5 and 19 April 2025 3, 17 and 31 May 2025 14 and 28 June 2025

10am until 12pm

Meet in the foyer at Clay Cross Tesco

No experience is necessary - bring a camera phone or camera for the walk or just come down for support and a chat.

Everyone is welcome to join this safe space.

For more information contact Tim at:

Mindscapes.photography@hotmail.com www.mindscapes.org.uk







