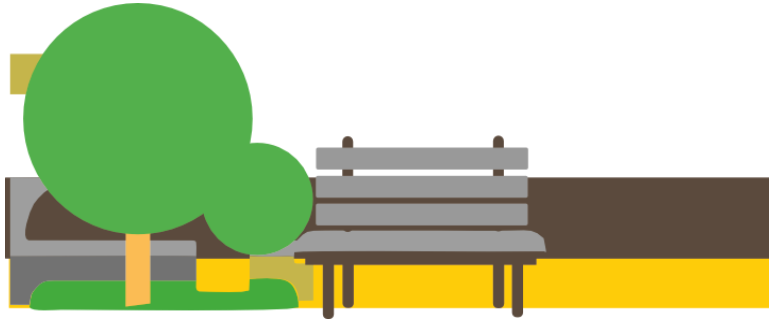




# Walk Derbyshire



Pilot Learning Network - Nov 2023



# Walk Derbyshire Pilots Learning Network

- Two hour session facilitated by Debbie Sorkin of the National Leadership Centre
- an introduction to peer coaching and reflective practice - a method we tested in small groups, where each person was asked to bring an issue related to this work and the group to give feedback
- discussion around indicators (indicators that are useful, realistic and relevant) ,trust (building trust in communities and within consortiums - especially with people who may have no reason to trust) and framing (how individuals and communities are framed and what might we do instead)

# Examples of Peer Coaching Conversations



## Some examples of Peer Coaching discussions...

Frequent reminders that everyone in space has valuable opinions

All describe what represent and what value can bring

Everyone gets a chance to speak

Support group to feel autonomous and responsible

Structure meeting so everyone has an equal voice

Structure meeting so everyone has an equal voice

Creation of group 'values'

This would include that we don't diminish ourselves, our position or others

Message: looking at long term change to improve health in the area

Keep focus on project aims NOT the funding

Managing high expectations of residents and others when talking about the funding

Prime news is aims and ambitions ie looking to improve quality of life of residents etc

Collate themes and work with skillset and feasibility to deliver

Transition from engagement to action

HOW do you prioritise themes??!



# Themes from Peer Conversations

