



Come and join one of our many group walks within North East Derbyshire. They can improve your health and wellbeing.

Walk Derbyshire Clay Cross Monthly Health Walk

Thursday 22nd January, 26th February, 26th March, 23rd April, 28th May, 25th June, 23rd July, 27th August, 24th September, 22nd October and 26th November at 1.30pm.

Meeting Point: Clay Cross Social Centre, S45 9JE.
Ample parking available. Suggested arrival 1.15pm.
Chat and a cuppa on return to the centre at 2.30pm.
We have a strict no dog policy at this walk.

A gentle walk around Kenning Park, lasting no more than 60 minutes. Ideal for those with health conditions.
Manage your illness better and naturally boost your wellbeing.

If you would like more information about other walks across the district scan the QR code or visit: www.ne-derbyshire.gov.uk/community/walking

If you are interested in leading a group walk, please contact: Walking into Communities Officer, Tel: 01246 231111, Email: walking@ne-derbyshire.gov.uk



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