

Would you like:

- To be a bit more active?
- To know your local area better?
- To help others get out more?
- To make new friends with similar interests?
- FREE accredited walk leader training?

The next course will be on Thursday 2 February 2023, 10am to 2pm at St Barnabas Church Centre, Danesmoor S45 9BU. Lunch provided, limited places available.













Enthusiasm and friendliness are more important qualities than experience.

Our current walk programme includes walks from 2 to 7 miles and some are specifically designed for buggy pushing.

If you have an idea for a different type of walk please get in touch.

To give you an idea of our current offering please see our website, address below.

For more information contact a member of our team Lynn Johnston,
Tel: 07971 654854, Email: lynn.johnston@ne-derbyshire.gov.uk
or Debbie Saint, Tel: 07773201033, Email: Deborah.saint@ne-derbyshire.gov.uk

https://www.facebook.com/ClayCrossHealthyFutures/

Visit: www.ne-derbyshire.gov.uk

Access for All statement

You can request this document or information in another format such as large print or language or contact us by:

• Phone: <u>01246 231111</u>

• Email: connectne@ne-derbyshire.gov.uk

• Text: 07800 00 24 25



• Call with <u>Relay UK</u> via textphone or app on <u>0800 500 888</u>. FREE phone service for anyone who has difficulty hearing or speaking.

Visiting our offices at Wingerworth: 2013 Mill Lane, <u>\$42 6NG</u>.



