



## New Health walks

Join us for our new health walks starting from William Gregg VC Leisure Centre and Alfreton Leisure Centre. Further details can be found below:

For more information please contact William Gregg VC Leisure Centre directly on 01773 537940 or Alfreton Leisure Centre on 01773 523325.

### Wednesdays – starting 19<sup>th</sup> October

- Weekly Wednesday walk from William Gregg VC Leisure Centre
- 10:00 – 11:00 am with Tony Lormor
- Refreshments available at the centre

### Mondays – starting 24<sup>th</sup> October

- Weekly Monday walk from Alfreton Leisure Centre
- 09:30-10:30am with Elliot Teer.
- Refreshments available at the centre

